



NATIONAL WORKSHOP ON MARMA CHIKITSA VIGYAN

4th – 6th February 2020

Organized by

DEPARTMENT OF RACHNA SHARIR

&

DEPARTMENT OF SHALYA TANTRA

**PT. KHUSHILAL SHARMA GOVT. (AUTONOMOUS)
AYURVEDA COLLEGE & INSTITUTE, BHOPAL**



Science Hills, Behind MANIT,

Nehru Nagar- Kolar Bypass Road, Bhopal, M.P. 462003

Ph-0755-2970310, 2970319

Website- www.klsgaci.edu.in

MARMA CHIKITSA

Ayurveda, 'the science of life' has been the backbone of the health care system of the society since ages of evolution. Eternity of the basic principles of ayurveda reinforces the supremacy of ayurveda in the present era.

One such principle is Marma Vigyan , mentioned by Acharya Sushruta. Marmas are the vulnerable sites in human body,often regarded as 'seat of prana'. They are deep seated vital physio-anatomical structures needed to be protected from any trauma or injury.

Though the ancient texts have discussed marmas as sites of injury, marma chikitsa provides an alternate view to visualize these marma points in terms of clinical interventions. Marma therapy emphasizes on the identification of marma sites and their stimulation for the structural and functional healing of the body.

ABOUT THE INSTITUTE

Pt. Khushilal Sharma Govt.(Autonomous) Ayurveda College & Institute has established by Government of Madhya Pradesh in 1995 in the name of late Pt. Khushilal Sharma, a renowned Ayurvedic physician and father of the Hon. Former President of India late Dr. Shankardayal Sharma. It is a premier institute proficiently recognized as 'centre of excellence' located in Bhopal, 'the city of lakes. The institute is spread over 50 acres of verdant plateau in a lush green campus.

The hospital has one of the finest and highly equipped infrastructure to ensure best healthcare facilities. We have 150 bedded hospital with fully functional OPD and IPD wings, separate male and female general wards in addition to private wards.

On academic front, institute is running with undergraduate course viz. BAMS with 75 admission capacity and 46 seats for postgraduate course in 9 subjects. Besides this, the paramedical courses viz. D.Pharma(Ayu.) and Panchkarma Technician course are also running in the institute.



ABOUT WORKSHOP

The proposed workshop aims to provide an interactive approach to enhanced understanding of Marma Vigyan and its practical applicability in therapeutic procedures.

Key highlights:

- * Practical hands on training cum workshop
- * Live demonstration of marma chikitsa on subjects/patients by renowned experts(subject to availability at the time of workshop)
- * Case study reports of marma chikitsa on various disorders
- * Practical training session for participants
- * Question answer session with experts

Registration Details

- **Eligibility:** Interns, PG Scholars , Teachers & Medical Officers.
- **Limited registration:** No. of seats-60(first come first serve basis)
- **Fee:** Rs.1500
* (Fee includes working lunch and tea, without accommodation)
- **Last date for registration:** **31stJanuary 2020**
- **Registration forms will not be accepted without proof of submission of registration fee.**

Bank Details:

Bank Name: IDBI Bank
Branch Name: Kolar road, bhopal
Account No.: 1098104000084057
Account Name: Principle, Pt. Khushilal Govt. Ayurveda College, Bhopal
IFSC Code: IBKL0001098

Send copy of filled registration form on: marmaworkshopkls2020@gmail.com

Organizing Committee

Organizing Chairman:

- Dr. Umesh Shukla , Principal & CEO, Pt. K.L.S. Govt. Ayurveda Institute, Bhopal.

Executive Chairman:

- Dr. Ashok Kumar Gupta, HOD, Department of Rachna Sharir.
- Dr. Hari Prakash Sharma, HOD, Department of Shalya Tantra.

Co-organizing Secretaries:

- Dr. Rita Marwaha, Professor, Department of Rachna Sharir,
- Dr. Pankaj Gupta, Reader, Department of Rachna Sharir,
- Dr. Nisha Bhalerao, Reader, Department of Rachna Sharir,
- Dr. Neha Mishra, Lecturer Department of Shalya Tantra

Joint Secretaries:

- Dr. Swatantra Chaurasia, Lecturer, Department of Rachna Sharir,
- Dr. Shiba Datta Panda, Lecturer, Department of Rachna Sharir,
- Dr. Aditya Nema, Lecturer, Department of Shalya Tantra
- Dr. Ram Sinha, M.O., Department of Shalya Tantra

Logistic Committee:

- Shri Rajesh Bhavsar,
- Shri Kamlesh Mishra,
- Shri M.L. Yadav,
- Shri Shivendra Singh Chauhan

Contact details for Registration:

- Dr. Pankaj Gupta-7000514180, 9425647011,
- Dr. Shiba Datta Panda: 7089204120, 9827567092,
- Dr. Aditya Nema: 9893814149